

EASEL INSIGHT
PODCAST
“Easel Talk”
Show Notes



with
Gabor Svagrik & Phil Starke

Episode 4 - Setting Realist Goals

Setting goals is important for everyone. Artists tend to be procrastinators. So setting goals is important for them as well.

Goals help us to stay motivated and to stay practicing.

Interacting with other artists and continuing to watch videos helps keep you motivated. Participating in events and having that on your calendar will help you with goal setting.

We all have different reasons for why we paint. Goal setting will help you fulfill your reason for painting. Make your goals simple.

Pick one aspect of painting and set so many days over the next month where you will practice on that aspect.

Or decide on the number of thumbnail (small) paintings that you're going to get done that month.

Pick a day of the week to look at your schedule. Look the week and month.

More examples of goals:

Paintings for shows and galleries.

Schedule for practice

Practice one thing for a period of time if it's something you want to get better at, like rocks, water, or trees.

Set yourself up to see advancement in small steps. That will also keep yourself motivated. Save imagery from the internet.

Artists discussed in this episode:

Fritz Thaulow: excellent with water

Our critique group on Facebook is a great place for getting feedback. Join our Private Facebook Group, “Easel Insight In-Depth” on and post some work to get feedback. This group is a safe place to gain knowledge from others as well as from Phil Starke and Gabor Svagrik.

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