

## Building and Keeping Your Confidence —

Do not be afraid of making mistakes. You learn through your mistakes.

Don't bite off more than you can chew. Taking on more than you're ready for can hurt your confidence. So be patient as you are building your skills. Always strive to do better, but give yourself time to get there.

Don't expect everything you paint to work out. That will be a real hit to the ego. Even the greatest of artists has had plenty of paintings that didn't work out.

Simplify your subject and simplify the idea of what you're trying to achieve.

Paint consistently to gain confidence.

Paint with others if possible and help each other out, and get feedback on your work.

Seek out opportunities to get feedback from more advanced artists. Critique groups are good if you can find one.

Develop a thick skin so you can receive the information and learn from it.

"A good critique should be a gift.", William Reese.

Reach out to artists with knowledge.

Our critique group on Facebook is a great place for getting feedback. Join our Private Facebook Group, "Easel Insight In-Depth" on and post some work to get feedback. This group is a safe place to gain knowledge from others as well as from Phil Starke and Gabor Svagrik.